



Power of Prayer



Please pray for the following:

*Please pray for Jeff Hepner, grandpa of Stella and Harrison, who is having ongoing health issues.

*Please pray for Eve and Xavier's Gammy who is continuing her cancer treatments as well as for her care team.

*Please pray for a safe and enjoyable Fall Break with family and friends.

THANK YOU! THANK YOU!! THANK YOU!!

We made our FUND For ALL goal!!!! Thank you to everyone who sold tickets. Our first celebration is on Friday, October 13th. Students in PRI-MS will be bussed to OH Skate.

*****Please sign the OH Skate permission slip in today's envelope and return ASAP.**

The NEW itinerary will be:

- Pick up at Lial 9:00
- Return to Lial 12:00
- Lunch for ALL Pri-MS students will be at noon. If you ordered Marco's for hot lunch, it will be given out at noon.

*** ALL Students can dress down on Friday, October 13th. Lial spirit wear tops would be great- we have a photographer/videographer coming to school in the afternoon to take shots for future advertisements.

**ONLY families who sold their quota of \$250 in ticket sales can dress down including shorts for the ENTIRE week of October 10-13. If your family goal was met, Jackie Flom will send an email to you. Teachers will also be given a list of eligible students.

Fall Break

Fall break begins this Friday, October 6, and runs through Monday, October 9. School resumes Tuesday, October 10th for all students. Enjoy your time with your family.



Two Hour Delays

Please remember when there is a two hour delay, morning care begins at 9:30am in the gym.

Spirit Week

This week begins Spirit Week at Lial. It is a beautiful week where students learn the history of the SNDs and of our foundresses at Lial. I invite all parents, especially new families, to Mass this Thursday at 2:00 at the SND Chapel. The Lial Covenant will be shared before Mass begins.

This week we will also include a focus on:

*Mother Mary and the Joyful Mysteries of the Rosary

*The life of St. Julie Billiart

*A pilgrimage around our Lial campus

* Then, ending the week with one of our favorite traditions, sharing ice cream sandwiches in honor of Aldegonda and Lizette who shared many sandwiches with the orphans in Germany.

Spirit Week Dress Code

Wednesday, Oct. 4 - Lisette & Aldegonda Day Match/Twin with a friend, the way they were friends. **(Students may dress alike with a partner. This is NOT a dress-down day. Please no crazy hair and clothes must be school appropriate.)**

Thursday, Oct. 5 - Pilgrimage around campus and then Mass at the SND Chapel at 2:00.

Friday, Oct. 6 - No School. Fall Break begins.

Arepas

Gracias to Senora Nicola who shared her cooking talents with Middle School. She taught them how to prepare a favorite Spanish treat, arepas, in our Falcon Wing kitchen. Arepas are a cornbread cake which the students (and faculty) found delicious!

Strike A Pose

Strike a Pose is a stretch and strength class designed to help students unwind after a long day of school.

Students in K-2 are welcome to enroll in this 4-week program. The class will meet from 3:15-3:50 after school. Students can be sock-footed but should bring their own yoga mat. (We will store mats in the gym for the 4 weeks so students don't travel to and from school with them. (Please label them with names) Erin Betz, current mom & fitness instructor, will lead the class. Please see the flier in today's envelope.



Go Rockets!

Middle Schooler Dylan Hall was the Big Event "Go Rockets" winner and spent last Saturday with two friends, Coach Roback, and the **entire UT Rockets football team!** They met the team, walked the field, toured the weight room, and tailgated before the game! Thank you to the Staten's and to Coach Roback for making the weekend game so memorable for these boys.

Hot Lunch

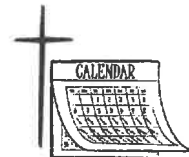
Hot lunch ordering for November is open from Oct. 1-15. Please make sure to place your child's order.

Hot Lunch October:

Oct. 3- Rudy's	Oct. 17- Subway
Oct. 10- Chick-fil-A	Oct. 24- Marco's
Oct. 13- Marco's	Oct. 31- Rudy's

A Look Ahead:

Oct. 2-6 Spirit Week
Oct. 5 - Mass at 2:00 SND Chapel
Oct. 6 - No School
Oct. 9 - No School
Oct. 11 - LPA Meeting 8:15
October 12 - MS to Wheeler Farm 3:30-5pm
Oct. 13 - OH Skate
Oct. 15 - Hot lunch orders end
Oct. 17-20 - 5th years at Camp Storer
Oct. 23-27 - Red Ribbon Week
Oct. 25-27 - MS Camp Damascus



Lial Catholic School Field Trip Permission Form

**OH Skate Field Trip with Anthony Wayne Bussing
Friday, October 13, 2023**



On October 13th, Lial Catholic School Primary-Middle School will travel to OH Skate during the morning using Anthony Wayne Local School transportation (yellow buses). The tentative itinerary will be:

9:00 Depart from Lial and head to OH Skate

11:30 Depart from Ohio Skate back to Lial

12:00 Lunch

(Please list your Primary-MS child/children's names) _____, _____,
_____ has/have my permission to take part in Lial's OH Skate field trip.
As this student(s) parent/guardian, I release Lial Catholic School, and any associated person or agency from any claims of ordinary negligence, in consideration for the opportunity to participate in this field trip.

Date _____ Parent/guardian's signature _____

RETURN BY OCTOBER 5TH

Strike A Pose



Strike a Pose is a stretch and strength class designed to help students unwind after a long day of school. **Students in K-2** are welcome to enroll in this 4 week program.

Class Times & Dates:

The class will meet from **3:15-3:50** after school on **Wednesdays:**

11/1, 11/8, 11/15, 11/29 (skip 11/22 b/c of Thanksgiving)

* Pick up promptly at 3:50 using Falcon Wing front entrance. Students will come out to cars so drivers do not need to enter the building.

Attire & Equipment:

Students can be sock footed and in regular dress code clothes from the school day, no need to pack a change of clothes. Students should bring their own yoga mat. (We can store mats in the gym for the 4 weeks so students don't travel to and from school with them.)

Instructor Information:

Erin Betz, current mom & fitness instructor, will lead the class.

Dates:

Cost: \$40 Cash or Checks made payable to Lial Catholic School

Open to the first 15 students to register with payment.

My child, _____ has permission to take part in Lial's *Strike A Pose* program. We, athlete and parent(s), understand that participation in athletics involves the possibility of serious injury. In consideration for our child's opportunity to participate in this program, we, the parents, individually and on behalf of our child, expressly assume any and all risks associated with and arising from such participation.

Parent's/guardian's Signature _____ Date _____